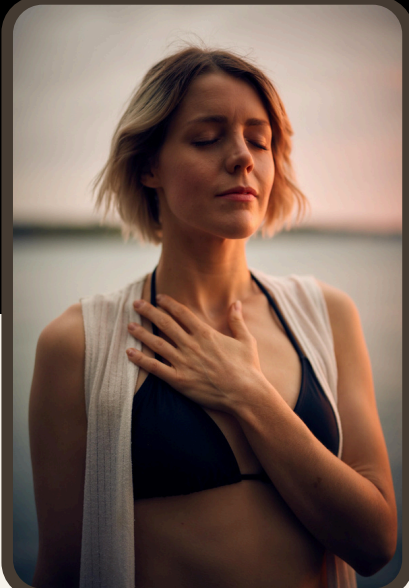


Inner Sage

A 12 WEEK GROUP IMMERSION FOR WOMEN



Reconnect to
the sacred
intelligence
within.

This ketamine therapy program is a structured sacred circle designed specifically for women, where healing isn't managed: it's felt, awakened, and remembered.

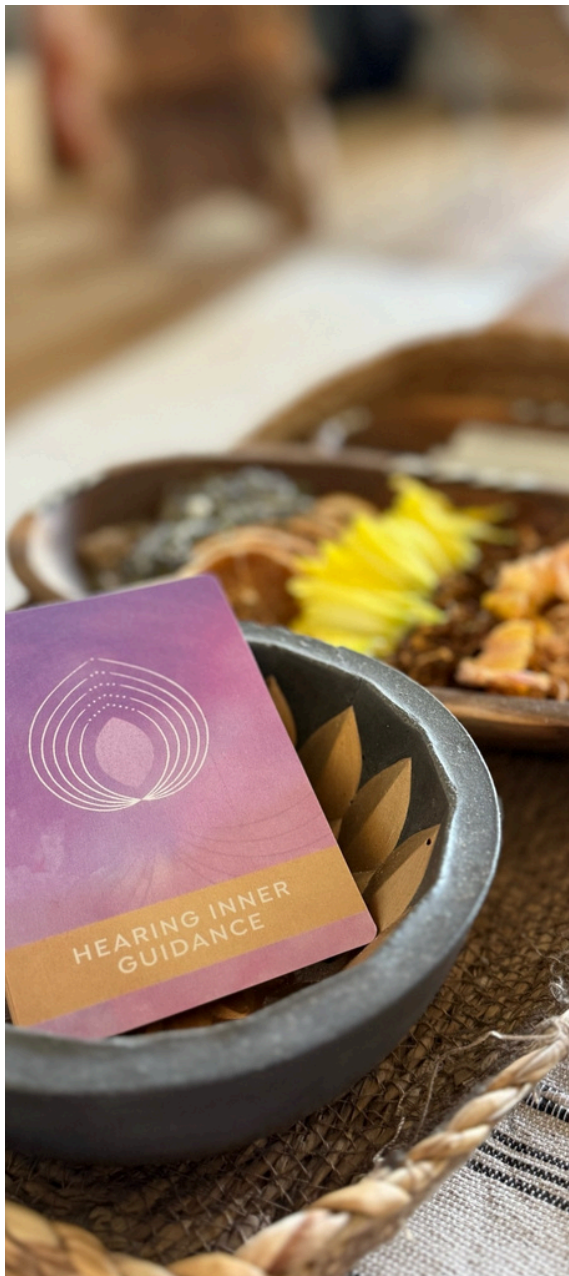
This intentional journey is deeply embodied, beckoning you to soften your armor and return to feminine intuition. When we listen to our deeper pulse of truth, something ancient stirs.

Clarity and trust awaken from the inside out. Outdated stories fall away, natural attunement returns, and life becomes more easeful.

A One-Of-A-Kind Experience

This 12-week immersive program combines physician-guided ketamine therapy, facilitated group integration with creativity and nature, and embodied spiritual practices for women.

Spirituality is a biologically grounded, protective, and transformative force. Still, it is most often overlooked in conventional mental health approaches. In this program, we bring it center stage. Our struggles are often an invitation to live more fully, nurture ourselves more deeply, and open a dialogue with the sacred. Spirituality helps us move through suffering toward resilience centered on a deeper purpose.



This Program Includes:

- Individual Intake Appointment
- Group Preparation Session
- 3 Group Ketamine Journeys
- 3 Individual Integration Sessions
- 3 Creative Group Integration Sessions (1 with optional mini dose of ketamine)
- 2 Individual Reiki Energy Healing Sessions (with optional mini dose of ketamine)
- 2 Optional Group Hape Ceremonies
- 2 Fire Circle Ceremonies, for Opening & Closing the container
- Personalized herbal & energetic medicine recommendations for support throughout



The Sacred Circle

We do not awaken alone.

We remember ourselves in devotion
and in the presence of other women
who are also on this journey.

And because awakening is relational,
this remembering unfolds in being
witnessed, held, and mirrored in
resonance with other women walking
the same threshold.

Spirituality & Ketamine

Spirituality is fundamentally about cultivating relationships. It encompasses the connection with ourselves, others, nature, and the divine. Spirituality fosters meaning and inner guidance (an “awakened brain”), which are associated with more peace, stability, and compassion.

Intentional ketamine therapy is well known to loosen rigid thought patterns, quiet habitual defenses, and support access to psychological flexibility. Many engaging with ketamine also report experiences of expanded awareness, deep felt sense connection to all of life, and insights that feel profoundly meaningful or spiritual. Tapping into the spiritual side is the way to longer lasting results and resilience.

We approach spirituality with an open framework, separate from any particular religious structure. We are practicing tuning into the innate intelligence guiding and flowing through you (not practicing a faith.)

You are naturally wired for intuition and spiritual receptivity.

Yet peace and clarity have hovered just beyond reach. This is not because anything is wrong with you, but because the level of depth your soul is asking for has never truly been met.

Modern medicine rarely honors spirituality as essential to healing.

This experience is built entirely around that missing dimension.



This program is for you if:

- You want to move through life with more ease, clarity, and confidence.
- You are drawn to community healing, feminine energy, and the resonance of other women on the path.
- You have a deep desire to trust your body and the sacred intelligence moving through you.
- You sense that a depth and meaning have been missing from your healing process.
- You are ready to release old patterns of thinking and experience more inner peace.
- You want to reclaim the deep pleasure of being alive in your body by working in harmony with it.

This program may *not* be a fit for you if:

- You have physical or psychological conditions that make ketamine unsafe (assessed during your free intro call).
 - You are actively struggling with substance use disorder.
 - You prefer a specific religious framework, or an open spiritual approach doesn't resonate for you.
 - You cannot commit to the full program or expect to miss multiple group sessions.
 - You prefer a traditional medical setting and approach healing passively. Full participation and engagement are essential for results.
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What is the cost?

This package program is split into 3 monthly payments of \$875, and includes everything listed on page 2. (Your ketamine prescription is paid to the pharmacy, and will add about \$100)
Bring a friend who signs up, and you both save \$200 on the whole program. It's more fun to do this with a sister !

How Do I Sign Up?

New to Medicine Within? Schedule your free intro call today.
Established patients: Reach out via ChARM, email, or text/call us.

Schedule: 12 weeks long, early March – May 2026. Please reach out for a detailed schedule of appointments.



Dr. Emma

This is a space to fully inhabit yourself, experience your presence as sacred, and learn practical ways to bring spiritual attunement into daily life.

From this embodied place, clarity and trust deepen, and life aligns with deeper meaning.

I want all of this for you.

support@medicinewithin.com

[medicinewithin.com](https://www.medicinewithin.com)

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